



FIRST AID MERIT BADGE

JANUARY HAC - MERIT BADGE FOR SCOUTS BSA

MERIT BADGE TRACKING



The tracking tool below is simply for your own tracking of completion of requirements.

Scouts are encouraged to find a local merit badge counselor to meet, discuss, and sign off on completion of the merit badge, however the HomeScouting Adventure Club will offer limited counseling sessions for Scouts needing a counselor.

Requirement	Completed?
1. Demonstrate to your counselor that you have current knowledge of all first-aid requirements for Tenderfoot, Second Class, and First Class ranks.	
2. Explain how you would obtain emergency medical assistance from: <ul style="list-style-type: none"> a. Your home b. A remote location on a wilderness camping trip c. An activity on open water 	
3. Define the term triage. Explain the steps necessary to assess and handle a medical emergency until help arrives.	
4. Explain the universal precautions as applied to the transmission of infections. Discuss the ways you should protect yourself and the victim while administering first aid.	
5a. Prepare a first-aid kit for your home. Display and discuss its contents.	
5b. With an adult leader, inspect your troop's first-aid kit. Evaluate it for completeness. Report your findings to your counselor and Scout leader.	
6. Describe the early signs and symptoms of each of the following and explain what actions you should take: Shock, Heart attack, Stroke	
7a. Describe the conditions that must exist before performing CPR on a person. Then demonstrate proper CPR technique using a training device approved by your counselor.	
7b. Explain the use of an automated external defibrillator (AED). Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.	
8a. Show the steps that need to be taken for someone who has a large open wound or cut that is not bleeding severely.	
8b. Show the steps that need to be taken for someone who has a large open wound or cut that is severely bleeding.	
8c. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.	
9. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.	
10. Describe the signs and symptoms and demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the: Forearm, Wrist, Upper leg, Lower leg, Ankle	
11. Describe the signs, symptoms, and possible complications and demonstrate care for someone with a suspected injury to the head, neck, or back.	

FIRST AID MERIT BADGE TRACKING

Requirement	Completed?
12. Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions: Anaphylaxis/allergic reactions, Bruises, Sprains or strains, Hypothermia, Frostbite, Burns—first, second, and third degree, Convulsions/seizures, Dehydration, Muscle cramps, Heat exhaustion, Heat stroke, Abdominal pain, Broken, chipped, or loosened tooth	
13a. Describe the conditions under which an injured person should be moved.	
13b. If a sick or an injured person must be moved, tell how you would determine the best method. Demonstrate this method.	
13c. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.	
14. Teach another Scout a first-aid skill selected by your counselor or another adult leader.	



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MERIT BADGE WORKSHEET



Through exploring The Trail inside the ClubHouse for the HomeScouting Adventure Club, complete this worksheet to demonstrate your knowledge of first aid. This worksheet will not be turned in and for your own use to demonstrate knowledge.

- Demonstrate that you have current knowledge of all first-aid requirements for Tenderfoot, Second Class and First Class ranks.**

Explain how you would obtain emergency medical assistance from:

Your Home:

A remote location on a wilderness camping trip:

An activity on open water:

Define the term *triage* below.

Explain the steps necessary to assess and handle a medical emergency until help arrives.

FIRST AID WORKSHEET

Explain the universal precautions as applied to the transmission of infections.

Describe the ways you should protect yourself and the victim while administering first aid.

Prepare a first-aid kit for your home. What does it have in it?

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Does your troop have a first-aid kit?

YES

NO

It is complete?

YES

NO

Use the space below to take notes on your troop's first aid kit.

FIRST AID WORKSHEET

Describe the early signs and symptoms of each of the following conditions below and explain what actions you should take.

Condition	Early Signs & Symptoms	Actions You Should Take
Shock		
Heart Attack		
Stroke		

Describe the conditions that must exist before performing CPR on a person.

Demonstrate to an adult the proper CPR technique.

Who did you demonstrate it to? _____

Explain the use of an automated external defibrillator (AED).

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Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.

Where is an AED located at your school? _____

Is there an AED at your troop meeting location? If so, where? _____

Describe the steps that need to be taken for someone who has a large open wound or cut that is *not* bleeding severely.

Describe the steps that need to be taken for someone who has a large open wound or cut that is *severely* bleeding.

What are the dangers in the use of a tourniquet and the conditions under which its use is justified?

When could a bee sting be life-threatening?

What actions should be taken for prevention of a life-threatening bee sting?

FIRST AID WORKSHEET

What actions should be taken for first aid of a life-threatening bee sting?

Describe the signs and symptoms and demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the following:

Condition	Signs & Symptoms	Proper Procedures
Forearm		Demonstrated on (date): _____
Wrist		Demonstrated on (date): _____
Upper Leg		Demonstrated on (date): _____
Lower Leg		Demonstrated on (date): _____
Ankle		Demonstrated on (date): _____

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Describe the signs, symptoms and possible complications and demonstrate care for someone with a suspected injury to the head, neck, or back.

Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:

Condition	Signs & Symptoms	Proper Procedures	Possible Prevention Measures
Anaphylaxis / allergic reactions			
Bruises			
Sprains or strains			
Hypothermia			

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Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions (continued):

Condition	Signs & Symptoms	Proper Procedures	Possible Prevention Measures
Burns - first, second, and third degree			
Convulsions / seizures			
Dehydration			
Muscle cramps			
Frostbite			
Heat exhaustion			

FIRST AID WORKSHEET

Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions (continued):

Condition	Signs & Symptoms	Proper Procedures	Possible Prevention Measures
Heat stroke			
Abdominal pain			
Broken, chipped, or loosened tooth			

Describe the conditions under which an injured person should be moved,

If a sick or an injured person must be moved, how do you determine the best method? Then demonstrate this method.

FIRST AID WORKSHEET



With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.

- Teach another Scout or family member a first-aid skill.**